



# Early Childhood and Out of School Learning Professional Development Opportunities

**January, February, and March 2018**

The mission of Child Care Answers is to ensure that the children of today and tomorrow are cared for in a professional and nurturing manner and that parents, child care providers and community leaders know the importance of their roles in the development of children.

1776 North Meridian St.  
Suite A  
Indianapolis, IN 46202

(317) 636-5727  
(800) 272-2937  
Fax (317) 687-6248

Childcareanswers.com

**Office Hours:**  
Monday-Friday  
8am - 5pm

## Office Closings

**January 1**  
New Year's Day

**January 15**  
Martin Luther King,  
Jr. Day

## Save the Date!

**March 21, 1-4pm**

*IUPUI Nonprofit Expo*  
Campus Center  
420 University Blvd.  
Indianapolis, IN 46202

Come learn about our upcoming internship opportunities! Our staff will be on hand to answer questions and accept applications.

Watch our social media for upcoming events!

## Training and visit cancellation policies

Starting soon, we will cancel classes without a minimum of seven people enrolled 24 hours prior to the class time. So...**invite your friends and register early!** We will notify you the day before.

Hazardous weather conditions may cause us to cancel trainings or visits. This happens when:

- **The local school system where the training/visit is located cancels school.**
- **The Indiana State Police deems driving conditions as hazardous.** Roads may not be hazardous at the destination of the training/visit but could be along the route of the trainer/coach. Trainers/coaches will monitor for hazardous conditions and cancel as necessary.

We'll call you at the number you gave at registration. Check updates on our Facebook page too!

CCA Staff	Position	Email
<b>Crystal Givens</b>	Director of Programs	crystalg@childcareanswers.com
<b>Lucy Intriago</b>	Bilingual Support Manager	marthab@childcareanswers.com
<b>Kristin Kahl</b>	Knowledge Manager	kristink@childcareanswers.com
<b>Janice Salpietro</b>	Administrative Assistant	janices@childcareanswers.com
<b>OUTREACH DEPARTMENT</b>		
<b>Cheryl Tyler</b>	Outreach Coordinator	cherylt@childcareanswers.com
<b>Marla Segal</b>	Pre-K Project Manager	marlas@childcareanswers.com
<b>Michelle Terry</b>	Outreach Specialist, OT Trainer	michellet@childcareanswers.com
<b>CHILD and ADULT CARE FOOD PROGRAM (CACFP) DEPARTMENT</b>		
<b>Molly Manley</b>	CACFP Coordinator	mollym@childcareanswers.com
<b>Emily Barrow</b>	CACFP Monitor	emilyb@childcareanswers.com
<b>CHILD DEVELOPMENT ASSOCIATE (CDA) CREDENTIAL DEPARTMENT</b>		
<b>Mollie Smith</b>	CDA Coordinator	mollies@childcareanswers.com
<b>Ann Aull</b>	Early Childhood Adult Educator	anna@childcareanswers.com
<b>TRAINING DEPARTMENT – see individual training pages for Trainer contact info</b>		
<b>Shannon Ford</b>	Prof. Development Coordinator	shannonf@childcareanswers.com
<b>PATHS TO QUALITY COACHING DEPARTMENT</b>		
<b>Tikila Welch</b>	Coach Coordinator	tikilaw@childcareanswers.com
<b>Kristin Cofield</b>	Paths to QUALITY Coach	kristinc@childcareanswers.com
<b>Courtney Coleman</b>	Advancement Coach	courtneyc@childcareanswers.com
<b>Rachel Lee George</b>	Paths to QUALITY Coach	rachell@childcareanswers.com
<b>Brittany Flaughter</b>	Paths to QUALITY Coach	brittanymf@childcareanswers.com
<b>Carrie Lamb</b>	Early Childhood Enhanced Leadership Coach	carriel@childcareanswers.com
<b>Joy McCall</b>	Family Child Care Homes Coach	joym@childcareanswers.com
<b>Stephanie Ries</b>	Paths to QUALITY Coach	stephanier@childcareanswers.com
<b>Bri Schrage</b>	Enhanced Ministry Coach	briannes@childcareanswers.com
<b>Ashley Warren</b>	Enhanced Coaching Specialist	ashleyw@childcareanswers.com

# Super Saturday Trainings

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

We know it can be tricky to navigate evening trainings after a long day in the classroom with little ones. That's why we're offering a series of "Super Saturday" classes – so you can devote a day of learning to YOU! Join us for one class or bring your lunch and stay for both classes.

## January - Intentional Observations and Lesson Planning

### Intentional Observations

**Description:** Defined as "watching to learn," observation is a key component in effective teaching and relationship building. With the information you gather from observing, you are better able to plan developmentally-appropriate experiences, select the right materials, and ask questions to scaffold learning.

**Session Date/Location:**

January 13, 9:00am – 11:15am (Indianapolis)

**CDA Content:** CDA07 – 2.25hrs

### Lesson Planning for Young Children

**Description:** There are many pieces to the lesson-planning puzzle! Bringing them all together can be a challenge when planning experiences for young children. We will sketch out a lesson plan using all of these pieces. Being an intentional lesson planner is key to setting the children in your care up for success.

**Session Date/Location:**

January 13, 11:45am – 2:00pm (Indianapolis)

**CDA Content:** CDA02-0.75hr, CDA03-0.75hr, CDA07-0.75hr

## February – Social-Emotional Development

### Social-Emotional Development: Birth - 5

**Description:** Social-emotional development is the foundation for learning and developing into productive, self-regulated learners. Come learn the social-emotional developmental milestones for birth through five. You will learn to understand patterns of development and common red flags for the social-emotional domain. Join us to increase your knowledge on child development to improve your practice and intentionality.

**Session Date/Location:**

February 10, 9:00am – 11:15am (Indianapolis)

**CDA Content:** CDA08 – 2.25hrs

### How to Support Social-Emotional Development

**Description:** Supporting social-emotional development is important because it teaches children to understand how to interact with others and respond to different emotions. You will learn strategies and techniques to increase your toolkit on supporting this growth in your classroom. You will understand how to promote positive social-emotional development and self-regulation while reducing challenging behaviors.

**Session Date/Location:**

February 10, 12:00pm – 2:15pm (Indianapolis)

**CDA Content:** CDA03 – 2.25hrs

## March – Preschool Depression and Anxiety

### Preschoolers Hindered by Feelings of Anxiety: What can we do to help?

**Description:** Do you have a preschooler that may be struggling with anxiety? Anxiety in children is distressing, but it can be managed. We will discuss what it looks like and how we can help support our children's healthy social development. You will be able to demonstrate knowledge of positive interactions and support for children who may be struggling with anxious feelings.

**Session Date/Location:**

March 3, 9:00am – 11:15am (Indianapolis)

**CDA Content:** CDA03 – 1.0hr, CDA04 – 1.0hr, CDA07 – 0.25hr

### Not Just a Phase: Depression in Preschoolers

**Description:** Depression was once considered an adult problem, but children with depression have increased. The Trauma & Mental Health Report states that depression affects approximately 4% of U.S. preschoolers today, and the number diagnosed increases 23% each year. What does it look like in preschoolers? How can we ensure we foster family partnerships and work together to help the child succeed? We'll discuss how to support children's personal and social development while helping them create positive interactions with peers and adults.

**Session Date/Location:**

March 3, 12:00pm – 2:15pm (Indianapolis)

**CDA Content:** CDA03 – 1.25hrs, CDA07 – 1.0hr



# Challenging Behaviors Face-to-Face Trainings

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

Cori Newland  
Early Childhood Development Specialist  
[corin@childcareanswers.com](mailto:corin@childcareanswers.com)

## Be Positive and Guide On!

**Description:** Behavior management can be tricky. Often we all need more advice and ideas for guiding our children through the day. We will discuss how to use guidance techniques and model positive behaviors to help young children self-regulate and act responsibly. You will also learn the value of effective praise to improve your interactions with children and building meaningful relationships with children. Gain some new strategies for guiding children and increase your positive, responsive language to reduce behaviors.

**Session Date/Location:** January 8, 6:15pm – 8:30pm  
(Indianapolis)

**CDA Content:** CDA03 – 2.25hrs

## Behavior Management: Let's Make a Plan!

**Description:** Challenging behaviors are hard for teachers and administration to address when you do not have a consistent plan. Come and review a positive behavior management plan to use for your classroom and program. Learn how to be consistent by following a plan on decreasing challenging behaviors and including key players and strategies.

**Session Date/Location:** March 13, 6:15pm – 8:30pm (Hope)

**CDA Content:** CDA03 – 2.25hrs

See **Training Central** at [iacrr.org](http://iacrr.org) for live webinar topics on:

- *Classroom Management Tips* (January 24, 1:00-2:00pm)
- *Managing Circle Time Wiggles* (February 28, 2:00pm-3:00pm)
- *Using Positive Guidance* (March 28, 1:00pm-2:00pm)

To register for live webinars in Training Central, log on at [iacrr.org](http://iacrr.org). Click the "Webinars" tab, then click "REGISTER" next to the course that interests you. Email [tcsupport@earlylearningindiana.org](mailto:tcsupport@earlylearningindiana.org) with any questions or issues.



# Children with Special Needs Face-to-Face Trainings

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

Sarah Bailey  
Inclusion Specialist  
[sarahb@childcareanswers.com](mailto:sarahb@childcareanswers.com)

## Sensory Friendly Classrooms

**Description:** Come explore the senses! We will be discussing tips and strategies based on sensory processing patterns to create an environment that guides children in making more appropriate, meaningful responses to the sensory input they experience every day.

**Session Date/Location:** January 18, 6:15pm–8:30pm  
(Bargersville)

**CDA Content:** CDA02 – 0.5hr, CDA03 – 1.25 hrs,  
CDA08 – 0.5hr

## Tantrums vs. Meltdowns: What is the difference and how can we support our children?

**Description:** Many people think the words “tantrum” and “meltdown” are synonymous. They often look very similar when children are upset. But for children who have sensory processing issues or who lack self-regulation skills, a meltdown is very different from a tantrum. Knowing the differences can help you learn how to respond in a way that better supports your child. We will be discussing how to promote positive interactions with children, while helping promote personal and social development. We will be able to demonstrate an understanding between tantrum and meltdown and how to support the children when they happen.

**Session Date/Location:** February 7, 6:15pm–8:30pm  
(Indianapolis)

**CDA Content:** CDA03 – 2.25hrs

## Body Safety for Preschoolers

**Description:** Statistics show 1 in 10 children will be sexually abused by their 18th birthday. Around 70% of children won't have the body safety talk with their caregivers. We want to help our children have a voice for themselves. This training will help give you the words to speak to your preschoolers about body safety and ways to teach them healthy boundaries with peers and adults. You will be able to demonstrate a knowledge of child abuse and safety routines and regulations while understanding the language to use to assist and support the children in your care.

**Session Date/Location:** March 8, 6:15–8:30pm (Indianapolis)

**CDA Content:** CDA01 – 2.25hrs

See **Training Central** at [iacrr.org](http://iacrr.org) for live webinar topics on:

- *Modifications and Adaptations* (January 25, 1:00-2:00pm)
- *Are the Kids Okay? How Do You Know? Developmental Milestones* (February 22, 1:00pm-2:00pm)
- *Inclusive Considerations for Physical Development* (March 20, 1:00pm-2:00pm)

To register for live webinars in Training Central, log on at [iacrr.org](http://iacrr.org). Click the “Webinars” tab, then click “REGISTER” next to the course that interests you. Email [tcsupport@earlylearningindiana.org](mailto:tcsupport@earlylearningindiana.org) with any questions or issues.



# Infant/Toddler Face-to-Face Trainings

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call (800) 272-2937.

Lauren George  
Infant/Toddler Specialist  
laureng@childcareanswers.com

Katherine Darby  
Infant/Toddler Specialist  
katherinec@childcareanswers.com

## Sensory for Infants and Toddlers

**Description:** What do sensory experiences look like in your classroom? Infants and toddlers rely on their senses to explore and understand the world around them. Curiosity and interest is fueled by the connections made in the brain around sensory experiences. Learn how to best support infants and toddlers in their sensory processing and approach to play and learning.

**Session Date/Location:** January 9, 6:15pm – 8:30pm (Hope)

**CDA Content:** CDA1 – 0.5hr, CDA02 – 1.25hr, CDA08 – 0.5hr

## Math for Infants and Toddlers

**Description:** Integrating math in infant and toddler classrooms can be challenging. In this workshop, we will reflect on the importance of math in an infant and toddler's daily life. We will explore developmentally-appropriate math activities, investigate what the Indiana Early Learning Foundations say about math, and how to promote and nurture curiosity.

**Session Date/Location:** February 15, 6:15pm – 8:30pm (Indy)

**CDA Content:** CDA01 – 1.0hr, CDA02 – 1.25hrs

## Engaging Infants

**Description:** Ever struggled finding activities to support babies? Learn what materials and activities are developmentally appropriate for infants, tips to set up the environment, and ways to be supportive of the infants desire to learn.

**Session Date/Location:** March 8, 6:15pm – 8:30pm (Greenwood)

**CDA Content:** CDA1 – 1.25hr, CDA02 – 1.0hr

## Safe Sleeping Practices and Reducing the Risk of SIDS in Child Care

**Description:** Increase your understanding of a safe sleeping environment for infants, newborn to 12 months of age. Focus will be on creating a safe and healthy sleeping area and risk reduction strategies for Sudden Infant Death Syndrome (SIDS) and accidental death prevention. This training is a pre-service requirement that satisfies Public Law 162-205 for home licensure, as well as Provider Eligibility Standards Certified home providers (CCDF Voucher). Child care providers from all settings are encouraged to attend.

**Session Dates/Locations:**

*Avon*

March 20, 6:15pm – 8:45pm

*Carmel*

January 23, 6:15pm – 8:45pm

*Columbus*

February 24, 10:00am – 12:30pm

*Fishers*

January 29, 10:00am – 12:30pm

*Indianapolis*

January 11, 6:15pm – 8:45pm

January 18, 6:15pm – 8:45pm

January 29, 12:30pm – 3:00pm

February 6, 12:30pm – 3:00pm

February 15, 6:15pm – 8:45pm

February 22, 6:15pm – 8:45pm

March 6, 6:00pm – 8:30pm

March 13, 12:30pm – 3:00pm

March 28, 6:15pm – 8:45pm

**CDA Content:** CDA01 – 2.5hrs

See **Training Central** at [iacrr.org](http://iacrr.org) for live webinar topics on:

- *Master Webinar Series: Toddlers & Touch Screens! Making Sense of Technology for Littles* (February 26, 1:00-2:00pm)
- *All You Need to Know About Diapering & Cloth Diapers in Child Care* (March 19, 1:00pm-2:00pm)



## Preschool / Pre-K Face-to-Face Trainings

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

Vicki Lehman  
Professional Development Specialist  
[victorial@childcareanswers.com](mailto:victorial@childcareanswers.com)

### Foundations 101 - Introduction to the Indiana Early Learning Foundations

**Description:** Let's talk about the Foundations! Through this training you will gain knowledge about the ins and outs of the Foundations document. We will discuss what the document contains and how you can use it when you are planning for the children you care for. Join us as we really dive in to the document and become more familiar and comfortable with it.

**Session Date/Location:**

March 6, 6:15pm – 8:30pm (Carmel)

**CDA Content:** CDA01 – 1.25hrs, CDA02 – 1.0hrs

### Foundations - Science

**Description:** Infants and young children are natural scientists. Guidance and structure expands their curiosity and activities into something more scientific –to practice science. The goal of science curricula should be to help children understand the natural world through a process known as scientific inquiry. During this workshop, we talk about all things science, as it relates to the Indiana Early Learning Foundations: physical science, earth and space, life science, engineering, and scientific inquiry. You will learn how to use science content, concepts, and learning trajectories to design the curriculum and learning environments. Our focus is to create age-appropriate scientific learning experiences, while using the Foundations.

**Session Date/Location:**

February 22, 6:15pm – 8:30pm (Bargersville)

**CDA Content:** CDA02 – 2.25hrs

### Transitions and Routines for Preschoolers

**Description:** Transitions can be tough for preschoolers! They must be planned for and must be smooth. Participants will gain new understanding of how to consistently deploy productive routines and how to reduce transition times. Making these things a priority in the classroom will help provide a sense of calm and predictability for the children in your care.

**Session Date/Location:**

March 22, 6:15pm – 8:30pm (Greenwood)

**CDA Content:** CDA1 – 1.75hrs, CDA02 – 0.25hr, CDA03 – 0.25hr

### Reading and Writing Everywhere: Incorporating Literacy into Your Learning Centers

**Description:** Can literacy be incorporated into your block center? What about the math center? ABSOLUTELY! Children need to be exposed to literacy as much as possible. It doesn't just happen in your library and writing center. Learn how to embed a variety of teaching strategies and approaches into everyday language and literacy activities.

**Session Date/Location:**

February 13, 6:15pm – 8:30pm (Indianapolis)

**CDA Content:** CDA01 – 0.5hr, CDA02 – 1.75hrs

### Foundations – Mathematics

**Description:** Providing daily opportunities for problem solving, reasoning, communication, connections, and representations make it possible for young children to learn the content of math. These skills develop over time with the help of adults who connect math to everyday activities. During this workshop, we will explore math, as it relates to the Indiana Early Learning Foundations: numeracy, computation and algebraic thinking, data analysis, geometry, and measurement. You will learn how to use knowledge of math content, concepts, and learning trajectories to design the curriculum and learning environments. Creating age-appropriate math learning experiences, while utilizing the Foundations, will be the focus of this workshop.

**Session Date/Location:**

January 16, 6:15pm – 8:30pm (Greenwood)

**CDA Content:** CDA02 – 2.25hrs

### Get Them Moving – Motor Activities for Inside and Outside

**Description:** Let's focus on helping the children in our care grow and develop their muscles - through gross motor (large muscles) and fine motor (small muscles) development. We know how important it is to give children multiple opportunities every day to MOVE and develop their muscles. There are even Foundations that address this topic. Gain knowledge of those different Foundations and how you can incorporate them into your every day practices. You'll also leave with new ideas you can use both inside and out to encourage the children in your care to continue to grow and develop their muscles.

**Session Date/Location:**

March 28, 6:15pm – 8:30pm (Bargersville)

**CDA Content:** CDA01 – 0.5hr, CDA02 – 1.75hrs





# School Age Face-to-Face Trainings

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

Jenny Mathis  
School Age Specialist  
[jennym@childcareanswers.com](mailto:jennym@childcareanswers.com)

## School Age Child Development Module 4 (INHS)

**Description:** During the school-age years, the brain continues to undergo changes and develop - socially, emotionally, physically, and cognitively. Caregivers and teachers are in a unique position to provide a variety of experiences that support all those areas. We address basic principles of development for school agers and implications for learning environments.  
11. Major domains of Child Development (recommended)

**Session Date/Location:** January 17, 6:30pm – 8:30pm  
(Indianapolis)

**CDA Content:** CDA01 – 2.0hrs

## STEM Gems for School Agers

**Description:** Science, engineering, technology, and math, oh my! STEM Gems are short discovery-based experiences that the National AfterSchool Association has compiled for after school STEM programming. Play the part of the student, as we demonstrate the hands on approach to learning STEM ideas and concepts.

**Session Date/Location:** February 20, 6:15pm – 8:30pm  
(Indianapolis)

**CDA Content:** CDA02 – 2.25hrs

## Coping with Conflict in Afterschool

**Description:** What a world it would be if the children in our school age programs could explain their upsets to each other, come up with reasonable resolutions, and follow through with changes in their behavior! This workshop will help identify common causes of conflict in your program and offer appropriate strategies and tips to help diffuse them when they occur. Successful conflict resolution is a life skill which benefits our children well into their adult lives.

**Session Date/Location:** January 23, 6:15pm – 8:30pm  
(Indianapolis)

**CDA Content:** CDA02 – 0.5hr, CDA03 – 1.75hr

## Gearing Up for School Age Summer Fun

**Description:** Don't wait too late! Now is the time to plan for your summer! In this class, we will discuss considerations for planning an engaging and enriching summer for school age children. We will discuss how to use a variety of learning opportunities to maximize the summer fun.

**Session Date/Location:** March 22, 6:15pm – 8:30pm  
(Indianapolis)

**CDA Content:** CDA02 – 2.25hrs

See **Training Central** at [iacrr.org](http://iacrr.org) for live webinar topics on:

### Preschool/Pre-K:

- *Respecting the “Whiners”* (January 9, 1:00-2:00pm)
- *The Importance of Outdoor Play in Winter* (February 15, 1:00pm-2:00pm)
- *Creating a Positive Classroom Community* (March 8, 1:00pm-2:00pm)
- *Master Webinar Series: The Importance of a Child’s Air Traffic Control System* (March 20, 8:00pm-9:00pm)

### School Age:

- *Strengthening Relationships with School Agers* (January 12, 1:00-2:00pm)
- *Interest Centers for School Agers* (February 8, 1:00pm-2:00pm)
- *Gearing Up for School Age Summer Fun* (March 15, 1:00pm-2:00pm)

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## Road to Licensure Face-to-Face Trainings

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

Michelle Terry  
Outreach Specialist  
[michellet@childcareanswers.com](mailto:michellet@childcareanswers.com)

### Orientation I – Overview for those interested in starting the business of child care

**Description:** This workshop provides an overview for those interested in starting a child care business in a home, center, or ministry. It covers regulatory requirements, resources, and some info on health, safety, and business practices. It serves to help with the decision-making process for participants to choose which type of care they would like to provide.

**Session Dates/Locations:**

January 3, 6:15pm – 8:15pm (Indianapolis)  
March 7, 6:15pm – 8:15pm (Indianapolis)

**CDA Content:** CDA01 – 1hr, CDA05 – 0.75hr, CDA06 – 0.25hr

Online, one-hour recorded sessions of Orientation I are also available on Training Central. Register at [jacrr.org](http://jacrr.org).

### Orientation II – A requirement for family child care providers to become licensed

**Description:** This course outlines regulatory requirements, licensing steps, and resources for providing licensed child care in a home environment. You will leave prepared to take the next steps to licensing your home and receive necessary paperwork.

**Session Dates/Locations:**

January 24, 6:00pm – 9:00pm (Indianapolis)  
February 7, 6:00pm – 9:00pm (Indianapolis)  
February 21, 6:00pm – 9:00pm (Indianapolis)  
March 21, 6:00pm – 9:00pm (Indianapolis)

**CDA Content:** CDA01 – 1.5hr, CDA05 – 1.0hr, CDA06 – 0.5hr

Planning to open a **licensed center** or **unlicensed registered ministry**? Complete Orientation II through the Office of Early Childhood and Out-of-School Learning, View specifics dates at [in.gov/fssa/carefinder/3064.htm](http://in.gov/fssa/carefinder/3064.htm).



## Managing Your Business Face-to-Face Trainings

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

Vicki Lehman  
Professional Development Specialist  
[victorial@childcareanswers.com](mailto:victorial@childcareanswers.com)

### Males in the Early Childhood Field

**Description:** There are so many benefits to having males in the education field and yet it is still predominantly female. Why is this? What exactly are the benefits? Join us as we discuss some common misconceptions that you may hear in regards to men who work in child care. Let's talk about the benefits and why we shouldn't shy away from having men in this field!

**Session Date/Location:**

February 27, 6:15pm – 8:30pm (Indianapolis)

**CDA Content:** CDA05 – 1.25hrs, CDA06 – 1.0hr

### Customer Service in the Early Childhood Field

**Description:** Develop your understanding of the importance of providing a welcoming, safe, and supportive environment for the children as well as their families. Increase your knowledge of positive customer service in the early childhood field. We will discuss communication strategies for building positive relationships and engaging families in their child's learning.

**Session Date/Location:**

March 15, 6:15pm – 8:30pm (Indianapolis)

**CDA Content:** CDA06 – 2.25hrs



# Health and Safety Face-to-Face Trainings

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

These courses are also available for you to take at your own pace, at a date that is convenient for you. To access recorded trainings in Training Central, log on at [iaccrr.org](http://iaccrr.org). Then click the "Trainings" tab. Email [tcsupport@earlylearningindiana.org](mailto:tcsupport@earlylearningindiana.org) with questions or issues. See the Infant/Toddler page for Safe Sleep.

## Health and Safety Day 1 of 4 (INHS)

**Description:** This course is an introduction to child development touching on each developmental domain for infants, toddlers and preschoolers. You will be able to define child development, examine developmental domains for infants, toddlers and preschoolers. Providers will also identify how to involve and collaborate with parents to support positive child development. You will also identify causes of childhood obesity and the link to physical activity. This training meets the Health and Safety orientation training requirements for topic areas: 8. Prevention of sudden infant death syndrome and use of safe sleeping practices (if applicable), 10. First Aid and CPR Overview 11. Major domains of Child Development (recommended)

**Session Date/Location:** January 11, 6:00pm – 8:30pm (Indianapolis)

**CDA Content:** CDA01 – 2.5hrs

## Health and Safety Day 2 of 4 (INHS)

**Description:** Nutritional Practice includes related health topics for children. You will evaluate their current nutritional practices through a self- assessment and will compare nutritional needs of children based on age. You will also discuss and compare allergies versus intolerance to food. You should recognize nutritional requirements for children and promote healthy eating. You will describe common food allergies and signs of an allergic reaction. Learn to safely store, administer and properly document the use of medications. This training meets the Health and Safety orientation training requirements for topic areas: 2. Administration of medication consistent with standards for parental consent 3. Prevention and response to emergencies due to food and allergic reactions

**Session Date/Location:** January 18, 6:00pm – 8:30pm (Indianapolis)

**CDA Content:** CDA01 – 2.5hrs

## Health and Safety Day 3 of 4 (INHS)

**Description:** This training focuses on vaccinations and medications. We will discuss how vaccinations work and why it is important to immunize children and adults. We will also discuss current medication storage and distribution practices. We will cover physical activity, infection disease, and implementing strategies to stop the spread of infectious diseases including immunizations. Describe the relationship between a developmental stage and risk of injury. Implement procedures for storing medication and hazardous materials. This training meets the Health and Safety orientation training requirements for topic areas: 1. Prevention and Control of Infectious disease (including immunizations) 2. Administration of medication consistent with standards for parental consent 6. Handling and storage of hazardous materials and appropriate disposal of bio-contaminants 10. First Aid and CPR Overview

**Session Date/Location:** January 25, 6:00pm – 8:30pm (Indianapolis)

**CDA Content:** CDA01 – 2.5hrs

## Health and Safety Day 4 of 4 (INHS)

**Description:** Day 4 has topics related to the safety of children. Providing a safe environment and planning for emergencies are vital. Through education and proper transportation safeguards, you can ensure children's safety and prevent injuries. You will define the relationships between development stages and risk of injury and define steps to maintain safe building, grounds, and equipment. You will create plans for keeping children safe in an emergency. You will discuss policies for transporting children safely. This training meets the Health and Safety orientation training requirements for topic areas: 4. Building and physical premises safety, including identification of and protection from hazards, bodies of water, and vehicular traffic 5. Emergency preparedness and response planning for emergencies resulting from a natural disaster, or a man-caused event (such as violence at a child care facility), within the meaning of those terms under section 602(a)(1) OF THE Robert T, Stafford Disaster Relief and Emergency Assistance Act. 7. Appropriate precautions in transporting children (if applicable)

**Session Date/Location:** January 30, 6:15pm – 8:30pm (Indianapolis)

**CDA Content:** CDA01 – 2.5hrs

See Safe Sleep classes on page 4. Child Abuse and Neglect is now only offered face-to-face in Spanish (see page 10) or offered online at **Training Central** at [iaccrr.org](http://iaccrr.org). Health & Safety courses are also available on Training Central. To register, log on at [iaccrr.org](http://iaccrr.org). Click the "Trainings" tab, then click "REGISTER" next to the course that interests you. Email [tcsupport@earlylearningindiana.org](mailto:tcsupport@earlylearningindiana.org) with any questions or issues.



## Child Development Associate (CDA) Credential

Mollie Smith  
CDA Coordinator  
mollies@childcareanswers.com

The Child Development Associate (CDA) National Credential is the most widely recognized credential in early childhood education and is a key stepping stone on the path of career advancement. The program's purpose is to enhance the quality of early child care by defining, evaluating, and recognizing the competence of early child care professionals across the country. This process includes 120 clock hours of formal training in specific areas, a portfolio, family questionnaires, a verification visit, and an online exam. For more details about the specific process and requirements, visit the CDA Council's website at [cdacouncil.org](http://cdacouncil.org).

### CDA Education Hours

Depending on your learning style and availability, we offer a few different options. See **Childcareanswers.com** for more detailed info.

- **Face-to-face Training** – We offer programs with varying schedules and completion times, each with their own individual requirements. Your cost may be as little as \$100, thanks to scholarships through generous partners. To get started, fill out our wait list form at [bit.ly/cdainterest](http://bit.ly/cdainterest). We will contact you to let you know when we have a spot available that fits your needs.
- **Online Training** - Smart Horizons also offers an Online Education CDA through the Child Care Aware Training Academy for \$299, with portfolio assistance for an additional \$500. Find more info at [smarthorizons.org/naccrra/ccan](http://smarthorizons.org/naccrra/ccan).
- **Independent Study** - If you completed independent study hours and want help with next steps, contact Mollie Smith.

### Renewing or Updating Your Expired CDA – LIMITED TIME ONLY – CDA AMNESTY PROGRAM!

Have an expired CDA? Act now! The CDA Council's Renewal Amnesty Program allows anyone with a CDA® credential expiration date as far back as 1/1/2007 to apply for renewal online. The program provides a waiver of your expiration deadline but does not waive the five steps required to renew a CDA®. You must submit all applications and payments online by the **expiration date of 12/29/2017** with no exceptions or extensions. See more at the Council website: [cdacouncil.org/renewal-amnesty-program](http://cdacouncil.org/renewal-amnesty-program). Questions? Contact Mollie.



**Do you have a great space to host some great trainings?**

We are always looking for hosts for both our general and CDA face-to-face classes! We teach classes during the day, evening, and weekends and need safe and professional locations to hold them. If your space has appropriate seating for adult learners and parking (technology is a bonus!), please visit our website at [childcareanswers.com/training/](http://childcareanswers.com/training/) to fill out our form indicating your willingness to host. We will contact you when we have a class that is just the right fit for your location.



# Trainings in Spanish – Entrenamientos en Español

Request to register at our online form at [bit.ly/CCAttraining](http://bit.ly/CCAttraining) or call our office at (800) 272-2937.

Lucy Intriago

Bilingual Support Manager / Gerente de Apoyo Bilingüe

[marthab@childcareanswers.com](mailto:marthab@childcareanswers.com)

## Orientation I - Orientación I

**Descripción:** Este taller ofrece una visión general a los participantes que están interesados en comenzar el negocio de cuidado de niños/as en un hogar, centro o en ministerio y es la primera parte de una serie de dos partes. Cubre los requisitos reglamentarios, y recursos y da información a las practicantes sobre la salud, la seguridad y los negocios. Sirve para ayudar en la toma de decisiones a los participantes para elegir el tipo de atención que desean ofrecer.

**Session/Sesión, Date/día Locations/lugar:**  
January 10, 3:00pm – 5:00pm (Indianapolis)

**CDA Content:** CDA01 – 1.0hr, CDA05 – 0.75hr, CDA06 - 0.25hr

## Charlas

**Descripción:** Venga a disfrutar de una noche con otros profesionales para hablar de la Educación Infantil. Cada otro mes vamos a tener un tema y entrenadores diferentes.

**Sessions/Sesiones, Dates/días Locations/lugares:**  
February 22, 6:30pm – 8:30pm (Indianapolis)

**CDA Content:** CDA01 - 2.0hrs

## Safe Sleeping to Reduce the Risk of SIDS in Child Care – Seguro para dormir

**Descripción:** Los participantes aumentarán su comprensión de un medio ambiente seguro para dormir para los bebés, recién nacidos hasta los doce meses de edad. Se hará hincapié en la creación de una zona de dormitorio y de reducción de riesgos de estrategias seguras y saludables para el Síndrome de Muerte Súbita del Lactante (SMSL) y la prevención de la muerte accidental. Este entrenamiento es un requisito previo al servicio que satisfaga la Ley Pública 162-205 para obtener la licencia en casa, así como los estándares de elegibilidad de proveedores, proveedores de origen certificadas (CCDF) Vale. Se alienta a los proveedores de cuidado infantil a asistir a esta capacitación gratuita.

**Session/Sesión, Date/día Locations/lugar:**  
March 13, 3:00pm – 5:30pm (Indianapolis)

**CDA Content:** CDA01 – 2.5hrs

## Orientation II – Orientación II

**Descripción:** Preparación para el Cuidado Infantil en casa de niños/as con licencia, es el segundo entrenamiento en esta serie de dos partes, para delinear los requisitos reglamentarios, pasos de concesión de licencias, y recursos para la atención de niños/as con licencia en un entorno doméstico. Usted saldrá de este entrenamiento preparado para dar los próximos pasos para la concesión de licencias de su casa y recibirán la documentación necesaria.

**Session/Sesión, Date/día Locations/lugar:**  
January 10, 5:30pm – 7:30pm (Indianapolis)

**CDA Content:** CDA01-1.5hrs, CDA05 - 1.5hrs, CDA06 – 0.5hrs

## Introduction to the Foundations – Fundaciones

**Descripción:** Los participantes aprenderán acerca de LOS FUNDAMENTOS y los Estándares Académicos de Indiana desde el nacimiento hasta la edad de 5 años. LOS FUNDAMENTOS ayudan a los adultos en la presentación de actividades adecuadas al desarrollo de los niños/as pequeños que apoyan el crecimiento y desarrollo del niños/as. Este taller interactivo apoya muchas de las oportunidades de aprendizaje que ya se suministra a los niños/as pequeños y que sirven como marco para la planificación futura.

**Session/Sesión, Date/día Locations/lugar:**  
February 8, 6:30pm – 8:30pm (Indianapolis)

**CDA Content:** CDA01 - 1.0hrs, CDA01 – 1.0hrs

## Child Abuse and Neglect Detection and Prevention – Detección de Abuso Infantil

**Descripción:** Creado por la FSSA, la Oficina de Asesores de Salud de Cuidado Infantil. Este entrenamiento de unas horas, ofrece a los participantes información sobre el abuso y negligencia, las causas y la prevención del abuso y la negligencia, y la forma de reportar el abuso y la negligencia. Esta formación será cumplir con la norma para completar la formación del Abuso Infantil Detección y Prevención como lo requiere la ley de Indiana para los proveedores de CCDF sin licencia, así como cualquier otro proveedor de cuidado infantil que se requieren para completar la formación.

**Session/Sesión, Date/día Locations/lugar:**  
March 29, 3:30pm – 5:30pm (Indianapolis)

**CDA Content:** CDA01 – 2.0hrs



CHILD CARE  
ANSWERS

EARLY LEARNING INDIANA

**1776 North Meridian Street**

**Suite A**

**Indianapolis, IN 4620**

Child Care Answers receives funding from Indiana Family and Social Services Administration, Office of Early Childhood and Out of School Learning, and United Way of Central Indiana. We are an outreach program of Early Learning Indiana. Child Care Answers does not discriminate on the basis of race, color, religion, or disability, in its programs, activities, or employment policies.



Community Partner



## Get Social with Child Care Answers!

We frequently use our social media platforms to communicate trainings and webinars that might be of interested to families, community members, or child care providers. Sign on to your favorite site to learn more and join the conversation! Don't forget to check out our website at [childcareanswers.com](http://childcareanswers.com)!



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